

## **Notes from the Sunday morning gathering**

### **Open space (Cornelius facilitating / feeding back to group)**

- Interest group: Changing structure / structure-bound processes – Heidrun
- Interest group: Flowcusing (Focusing and flow); to meet 3 or 4 times per year perhaps – Olaf
- Qi Gong – to be a regular offering at EFA gatherings – Regina
- Monthly EFA networking meeting – Fiona would like others to help share hosting on Zoom – Ruth, Gosia offered to do this
- Bringing young people into EFA, AND How to ensure Focusing continues when the Elders move on? – Danny & Olaf; Ruth and Danne to get together to discuss this
- Give space to one of the original principles of EFA, that nations cooperate and collaborate - Heidrun
- EFA creating sweet spot: quarterly offering to the community for members to learn more about how to bring forward felt-sensing through various creative ways, in English and German – Freda – members to email if interested in this
- Interest group: Conscious connecting; connecting to where Focusing fits and helping it come into the world – Eveline (will contact steering group)
- Interest group: Climate change; this already exists but email list can be used for building partnerships for people to request Focusing partner to sense into this particular issue – Teresa
- Regina will give a report on the gathering to the person-centred community
- Heidrun will give a report to the German Focusing community
- Gosia will give a report to the Polish Focusing community

### **Websites / Facebook / Social Media (Sari)**

- A number of people have offered that they can help with website support - Sari will contact those who offered help once the SG have a clearer picture of what is needed.
- Contribution from all members invited for articles, etc to be added to the website.
- Contribution from all members invited to become involved in starting / sharing in discussions in the EFA Facebook forum group
- EFA email discussion list – members invited to use this also for discussions / sharing (not just Facebook forum).
- Is it possible for members to include EFA logo on their own websites, and for the logo to be a clickable link to EFA's site – Heidrun – SG to discuss
- Would 'certification' by EFA demonstrate that a member is embedded in the EFA community? – Freda – interest group?

### **Finances (Amona)**

- Discussion of potential scholarship for members who might not otherwise be able to come to a Gathering – Gosia.. Suggestion that this can work by linking up those who want to offer, and those who can't afford , so they can arrange a direct transfer between them – Heidrun.
- Request for communication of ongoing cash balance after a Gathering – this might influence whether people decide to donate more – Rosella.
- Last will & testament? Lottery winnings? – this is difficult at the moment without a formal organisational structure, but things can still be arranged between specific people.
- Retirement home / community for Focusers?

### **Future gatherings (Ria)**

- Eveline will assist Ria with the 2025 Belgium gathering. Also – warm greetings from Tina!
- BFA summer school – August 2025 – this is an international gathering, details are on the BFA website – Fiona
- Suggestion to put all national gatherngson the EFA website
- Would it be possible to make audio recordings of Happenings for when people are unable to attend (i.e. when we want to go to 2 happenings that are at the same time)? – Lucy VP
- More communication that it's possible to come to only part of the Gatheing (Freda) – BUT – this can affect the feel of the Gathering as a whole
- Suggestion to consult with members about the best date – Peter
- Could the Gathering be structured to have longer workshops (2-3 hours) AND having a strong theme with opportunity to shape Happenings around this? – Peter
- 2026 Gatheringg in Scotland – to check whether we can stay before / after Gathering dates
- 2025 Gathering in Belgium – we can stay the Mon/Tue before but NOT after the Sunday.
- Are there too many events in 2026 (Tifi, person-centred, EFA)? – Cornelius

### **Other**

- Teresa is going to offer a Dreams workshop – Ruth is organising names for this
- Can interest groups please contact SG to be included in the newsletter
- Please sign up on the website if you would like to join in with the monthly networking meeting
- Christiane will order book (Campbell Purton 'Self therapy' – please contact her if you are interested